

Grand Menu (DINNER)

WEEK OF 28SEP - 02OCT

⊗ NO MSG. ⊗ NO Beef&Mutton. ✓ ONLY Canola Oil. ✓ Healthier Option. ✓ NO Spicy & Seafood Option
RED - Spicy Dish **BLUE - Seafood Dish (Ex. Fish)** **PURPLE - Replacement Dish**

28SEP MONDAY

Please Refer To September 2026 Menu

29SEP TUESDAY

Please Refer To September 2026 Menu

30SEP WEDNESDAY

Please Refer To September 2026 Menu

01OCT THURSDAY

- **Mala Xiang Gou Pork Slices** 麻辣香锅肉片 / **Pork Slice With Capsicum** 彩椒肉片
- Pickled Mustard Greens Fish Slice 酸菜鱼
- Stir Fried Eggplant with Capsicum & Baby Corn 彩椒玉米笋炒茄子
- **(SOUP)** - Pumpkin Corn Pork Rib Soup 南瓜玉米排骨汤

OR

- **(4TH DISH)** - Glass Noodles With Garlic And Minced Chicken 冬粉蒜头鸡肉碎

02OCT FRIDAY

DESSERT DINNER

- **Butter Cereal Prawn** 黄油麦片虾 / **Butter Cereal Fish** 黄油麦片鱼
- Smoked Duck Slices With BBQ Sauce 烧酱熏鸭片
- Stir Fried Broccoli With Ikan Bilis 炒西兰花炒江鱼鱼
- **Cheng Teng Soup** 桂圆清汤
- **(SOUP)** - Lotus Seed Lily Bulb & Barley Chicken Soup 莲子百合薏米鸡汤

OR

- **(4TH DISH)** - Char Siew Fu Rong Egg 叉烧芙蓉蛋

Grand Menu

(DINNER)

WEEK OF 05 OCT - 09 OCT

☐ NO MSG. ☐ NO Beef&Mutton. ☒ ONLY Canola Oil. ☒ Healthier Option. ☒ NO Spicy & Seafood Option
RED - Spicy Dish **BLUE - Seafood Dish (Ex. Fish)** **PURPLE - Replacement Dish**

05 OCT MONDAY

- Steamed Sea Bass With Olive Vegetable 橄榄菜蒸金目鲈鱼
- Pongteh Chicken 娘惹鸡
- **Curry Assorted Vegetable** 咖喱什蔬菜 / **Stir Fried Cabbage Lohan Style** 罗汉包菜
- **(SOUP)** - Herbal Bak Kut Teh 黑肉骨茶

OR

- **(4TH DISH)** - Steam Pumpkin With Black Fungus 清蒸金瓜黑木耳

06 OCT TUESDAY

- Hainanese Pork Chop 海南猪排
- **Prawn Chilli Sauce** 辣椒蟹酱豆腐虾 / **Fried Fish Garlic Dried Turnip** 蒜蓉菜圃干鱼
- Stir Fried Xiao Bai Chai With Minced Meat 肉碎炒小白菜
- **(SOUP)** - Lotus Root Peanut Chicken Soup 莲藕花生鸡汤

OR

- **(4TH DISH)** - Egg Tofu With Chicken Mince 鸡碎金钱豆腐

07 OCT WEDNESDAY

- Black Bean Pu Er Brasied Pork Belly 黑豆普洱猪肉
- **Deep Fried Fish With Thai Chilli** 泰式鱼 / **Fried Fish In Sour Plum Sauce** 酸梅香鱼
- Stir Fried Garlic Sprouts With Black Fungus 黑木耳炒蒜苗
- **(SOUP)** - Cabbage & Corn Fishball Soup 白菜玉米鱼圆汤

OR

- **(4TH DISH)** - Braised Beancurd Skin With Enoki Mushroom 卤豆皮金针菇

08 OCT THURSDAY

- **Curry Chicken** 咖喱鸡配炸土豆 / **Braised Chicken With Ginger Mushroom** 焖香菇酱鸡
- Steamed Minced Pork With Water Chestnut 马蹄肉饼
- Sesame Oil Seasoned Broccoli With Gluten 麻油香花椰菜
- **(SOUP)** - Tomato & Potato Chicken Soup 番茄土豆鸡汤

OR

- **(4TH DISH)** - Sweet Chai Poh Egg 甜菜脯蛋

09 OCT FRIDAY

DESSERT DINNER

- **Prawn Omelette** 虾仁蛋 / **Roast Pork Omelette** 烧肉蛋
 - Steam Chicken With Chicken Essence & Cordyceps Blossom 丛草花鸡精鸡
 - Pull Pork Cabbage 肉丝包菜
 - **Red Beans Lotus Nut Soup** 红豆莲子汤
 - **(SOUP)** - Seaweed Tofu Meat Ball Soup 海带豆腐丸子汤
- OR
- **(4TH DISH)** - FuZhou Fishball With Choy Sum In Brasied Sauce 福州鱼圆菜心



Grand Menu (DINNER)

WEEK OF 12 OCT - 16 OCT

⊘ NO MSG. ⊘ NO Beef&Mutton. ✓ ONLY Canola Oil. ✓ Healthier Option. ✓ NO Spicy & Seafood Option
RED - Spicy Dish **BLUE - Seafood Dish (Ex. Fish)** **PURPLE - Replacement Dish**

12 OCT MONDAY

- **Black Pepper Chicken** 黑胡椒鸡丁 / **Butter Cream Chicken** 奶油鸡丁
- Grilled Salmon With Garlic Soy Sauce 蒜酱烤三文鱼
- Shanghai Green With Mock Abalone Slice 鲍片上海青
- **(SOUP)** - ABC Sliced Pork Soup ABC肉片汤

OR

- **(4TH DISH)** - Braised Potato With Black Fungus 焖土豆黑木耳

13 OCT TUESDAY

- **Prawn Vermicelli** 冬粉虾 / **Steam Snakehead Fish With Vermicelli** 冬粉生鱼
- Stir Fried Chicken Cube With Cashew Nuts 腰果炒鸡块
- Kai Lan With Ikan Bilis 芥兰炒江鱼仔
- **(SOUP)** - Tonifying Yu Zhu Chicken Soup 补益玉竹鸡汤

OR

- **(4TH DISH)** - Stew Wintermelon With Minced Pork 肉碎烩东瓜

14 OCT WEDNESDAY

- Grilled Batang Steak In Sesame Teriyaki Sauce 日式芝麻酱烤巴塘鱼
- SzeChuan Vegetable Pork Shred 四川菜肉丝
- **Long Beans With Sambal** 参巴炒长豆 / **Long Bean Veg. X.O Sauce** 素炒长豆。X.O酱
- **(SOUP)** - Assorted Vegetable Miso Pork Ball Soup 什锦蔬菜味噌猪肉丸汤

OR

- **(4TH DISH)** - Braised Beancurd With Mushroom 卤香菇豆干

15 OCT THURSDAY

- Steamed Pork Rib Cantonese Style 粤式蒸排骨
- **Tomato Sauce Prawn** 杂菜番茄炒虾 / **Tomato Sauce Fish Slice** 杂菜番茄炒鱼片
- Truffle Broccoli Twin Mushroom 松露双菇花椰菜
- **(SOUP)** - Winter Melon Chicken Soup 冬瓜鸡汤

OR

- **(4TH DISH)** - Japanese Chickuwa In Teriyaki Sauce 日式竹轮

16 OCT FRIDAY

DESSERT DINNER

- Cajun Grilled Chicken Steak With Potato 卡津鸡排马铃薯丁
- **Pork Slice Kimchi** 韩式泡菜猪肉片 / **Pork Slice With Teriyaki Sauce** 照烧酱炒猪肉片
- Stir Fried Miso Eggplant With Rasine 味真葡萄干茄子
- **Black Glutinous Rice Dessert With Gula Maleka** 黑糯米甜点
- **(SOUP)** - Bittergourd Tofu Fishball Soup 苦瓜豆腐鱼圆

OR

- **(4TH DISH)** - Sweet & Sour Pineapple Meat Ball 糖醋凤梨肉丸

Grand Menu

(DINNER)

WEEK OF 19 OCT - 23 OCT

☐ NO MSG. ☐ NO Beef&Mutton. ☒ ONLY Canola Oil. ☒ Healthier Option. ☒ NO Spicy & Seafood Option
RED - Spicy Dish **BLUE - Seafood Dish (Ex. Fish)** **PURPLE - Replacement Dish**

19 OCT MONDAY

- Sweet & Sour Pork Cube With Lychee 荔枝糖醋排骨
- **Dried Oyster Diced Chicken Hosin** 蚝干鸡丁海鲜酱 / **Diced Chicken Hosin** 鸡丁海鲜酱
- Cauliflower With Gluten 豆包菜花
- **(SOUP)** - Ginseng Chicken Soup 人参鸡汤

OR

- **(4TH DISH)** - Tempeh With Beancurd ABC Sauce 天培豆干ABC酱

20 OCT TUESDAY

- Butter Cereal Chicken 黄油麦片鸡丁
- **Baramundi Spicy Bean Sauce** 豆瓣蒸鲈鱼 / **Baramundi Teochew Style** 潮州蒸鲈鱼
- Kai Lan With Cordyceps Blossom 芥兰從草花
- **(SOUP)** - Black Bean Lotus Root Soup 黑豆莲藕汤

OR

- **(4TH DISH)** - Stew Potato In Italian Sauce 意式焖土豆

21 OCT WEDNESDAY

- **Steam Muar Otah** 蒸麻坡乌打 / **Hakka Yong Tua Fu** 客家酿豆腐
- Snakehead Fish Slice In Black Bean Sauce 喜酱生鱼片
- Stir Fried Broccoli With Pork Cube 肉丁花椰菜
- **(SOUP)** - Sweet Corn & Beetroot Pork Slice Soup 甜玉米甜菜肉片汤

OR

- **(4TH DISH)** - Chinese Dumpling In Oriental Sauce 油抄手

22 OCT THURSDAY

- Salt Bake Jujube Chicken Drumstick 盐焗红枣鸡腿
- Braised Meatball Lion's Head 红烧狮子头
- Black Dace Fish Flakes With Ladyfinger 黑豆鱼羊角豆
- **(SOUP)** - FuZhou Fishball Choy Sum Soup 福州鱼圆菜心汤

OR

- **(4TH DISH)** - Scramble Egg White With Bacon 培根蛋白

23 OCT FRIDAY

DESSERT DINNER

- Tofu With Roast Pork 烧肉豆腐
- FuZhou Fermented Beancurd Mid Wings 福州南卤中翅
- Bacon Spinach 培根菠菜
- **Green Bean Sago Soup** 绿豆西米汤
- **(SOUP)** - Fish Maw & Mushroom Chicken Soup 花胶香菇鸡汤

OR

- **(4TH DISH)** - Pork Skin With Minced Meat 肉碎猪皮



Grand Menu

(DINNER)

WEEK OF 26 OCT - 30 OCT

☒ NO MSG. ☒ NO Beef&Mutton. ☑ ONLY Canola Oil. ☑ Healthier Option. ☑ NO Spicy & Seafood Option
RED - Spicy Dish **BLUE - Seafood Dish (Ex. Fish)** **PURPLE - Replacement Dish**

26 OCT MONDAY

- Mala Grilled Fish 麻辣烤鱼 / Grilled Fish With Italian Sauce 意大利酱烤鱼
- Truffle Mushroom Diced Chicken 松露香菇鸡丁
- French Bean With Chikuwa & Minced Chicken 鸡肉碎竹轮四季豆
- (SOUP) - Seaweed Egg Drop Mixed Ball Soup 海带蛋花双圆汤

OR

- (4TH DISH) - Stir Fried Minced Chicken With BeanCurd 鸡肉碎炒豆干

27 OCT TUESDAY

- Minced Pork with Fermented Black Beans 黑豆鼓肉丝
- Drunken Prawn Black Fungus 醉虾黑木耳 / Steam Fish Slice ShaoXin Wine 绍兴鱼片
- Shanghai Green With Lion Mane Mushroom & Pork Slice 肉片猴头菇上海青
- (SOUP) - Miso Mix Vegetable Fish Slice Soup 味真杂菜鱼片汤

OR

- (4TH DISH) - Chicken Yakitori With Caramelised Onion 焦糖大葱日式烤鸡串

28 OCT WEDNESDAY

- SF Chicken Dice & Okra With Olive Vegetable 鸡丁羊角豆炒橄榄菜
- Laksa Pork Slice 乐洒肉片 / Pork Slice With Ginger & Spring Onion 姜葱炒肉片
- Chinese Sausage & Beancurd With Garlic Sroupt 腊味豆干蒜苗
- (SOUP) - Sesame Oil Jujube Pork Slice Soup 麻油红枣肉片汤

OR

- (4TH DISH) - Steam Egg With Minced Meat 肉碎蒸蛋

29 OCT THURSDAY

- Steam Grouper HK Style 港蒸花斑
- Tom Yam Chicken Steak 泰式冬炎鸡排 / Lemongrass Grilled Chicken 香茅烤鸡
- Stir Fried Long Bean With Roast Pork 长豆烧肉
- (SOUP) - Monkey Head Mushroom Corn Kidney Bean Soup 猴头菇玉米红腰豆汤

OR

- (4TH DISH) - Tomato Scramble Egg 番茄蛋

30 OCT FRIDAY

DESSERT DINNER

- Lao Gan Ma Prawn Onion 老干妈大葱虾 / Steam Fish Slice With Sesame Oil 麻油鱼片
- Mei Cai Pork Belly 梅菜扣肉
- Salted Egg Bittergourd 咸蛋苦瓜
- Snow Fungus Ginko Nut Soup 雪耳银杏汤
- (SOUP) - Sugar Cane Barley Chicken Soup 甘蔗薏米鸡汤

OR

- (4TH DISH) - Fried Beancurd With Minced Meat Sauce 豆干肉碎酱

