

⊖ NO MSG. ⊖ NO Beef&Mutton. ✓ ONLY Canola Oil. ✓ Healthier Option. ✓ NO Spicy & Seafood Option

**RED - Spicy Dish**   **BLUE - Seafood Dish (Ex. Fish)**   **PURPLE - Replacement Dish**

### 01SEP MONDAY

- Fried Lemon Chicken Chop 炸柠檬鸡排
- **Korean Pork Slice Kimchi** 韩式泡菜猪肉片 / **Pork Slice Teriyaki Sauce** 照烧酱炒猪肉片
- Stir Fried Long Bean With Roast Pork 长豆烧肉
- **(SOUP)** - Long Cabbage Fishball Soup 白菜鱼圆汤

OR

- **(4<sup>TH</sup> DISH)** - Braised Beancurd Skin With Enoki Mushroom 卤豆皮金针菇

### 02SEP TUESDAY

- **Korean Spicy Drumlets** 韩式小鸡腿 / **Garlic Soy Drumlets** 大蒜小腿
- Steam Grouper HK Style 港蒸花斑
- Salted Egg Bittergourd 咸蛋苦瓜
- **(SOUP)** - Dang Gui Dang Sheng Pork Rib Soup 当归党参排骨汤

OR

- **(4<sup>TH</sup> DISH)** - FuZhou Fishball With Choy Sum In Brasied Sauce 福州鱼圆菜心

### 03SEP WEDNESDAY

- **Tomato Sauce Prawn** 杂菜番茄炒虾 / **Tomato Sauce Fish Slice** 杂菜番茄炒鱼片
- Sweet & Sour Pork Cube With Lychee 荔枝糖醋排骨
- Stir Fried HK Kailan With Beancurd Skin 腐皮炒香港芥兰
- **(SOUP)** - Snow Pear Lotus Nuts Chicken Soup 雪梨莲子汤

OR

- **(4<sup>TH</sup> DISH)** - Braised Potato With Black Fungus 焖土豆黑木耳

### 04SEP THURSDAY

- Sweet & Sour Fish With Pineapple 凤梨糖醋炸鱼
- Steam Chicken & Mushroom with Chinese Sausage 腊肠蒸鸡蘑菇
- **Cabbage With Dried Oyster** 白菜干蚝 / **Cabbage, Egg And Carrot** 鸡蛋胡萝卜炒白菜
- **(SOUP)** - Carrot & Radish Pork Rib Soup 双萝卜排骨汤

OR

- **(4<sup>TH</sup> DISH)** - Onion Omelette 大葱蛋

### 05SEP FRIDAY

DESSERT DINNER

- Japanese Pork Slice Fruit Curry 日式水果咖喱
- **Cuttlefish & Diced Chicken Hosin** 鱿鱼鸡丁海鲜酱 / **Diced Chicken Hosin** 鸡丁海鲜酱
- Stir Fried Broccoli & Cauliflower 炒西兰花和花椰菜
- **Red Beans Lotus Nut Soup** 红豆莲子汤
- **(SOUP)** - Shiitake Mushroom Chicken Soup 香菇鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Bake Cherry Tomato&Pumpkin With Honey Sauce 烤蜜汁小番茄南瓜

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### 08SEP MONDAY

- Fried Prawn Tossed Pumpkin Sauce 黄金虾 / Chicken Tossed Pumpkin Sauce 黄金鸡
- Deep Fried Mid Wing in Marmite Sauce 妈蜜炸中翅
- Cang Nai Bai With Fermented Beancurd Sauce 豆腐卤炒长奶白
- (SOUP) - Pumpkin Corn Pork Rib Soup 南瓜玉米排骨汤

OR

- (4<sup>TH</sup> DISH) - Fried Battered Bergedil 炸土豆饼

### 09SEP TUESDAY

- Braised Meatball Lion's Head 红烧狮子头
- Thai Green Chicken Curry 泰式绿咖喱鸡 / Lemongrass Braised Chicken 香茅焖鸡
- Stir Fried Shanghai Green With Straw Mushroom 草菇炒上海青
- (SOUP) - Lotus Seed Lily Bulb & Barley Chicken Soup 莲子百合薏米鸡汤

OR

- (4<sup>TH</sup> DISH) - Japanese Chickuwa In Teriyaki Sauce 日式竹轮

### 10SEP WEDNESDAY

- Pickled Mustard Greens Fish Slice 酸菜鱼
- Minced Pork with Fermented Black Beans 黑豆鼓肉丝
- Eggplant In Chilli Sauce 辣椒炒茄子 / Eggplant With Minced Meat 肉末炒茄子
- (SOUP) - Herbal Bak Kut Teh 黑肉骨茶

OR

- (4<sup>TH</sup> DISH) - Sweet & Sour Pineapple Meat Ball 糖醋凤梨肉丸

### 11SEP THURSDAY

- Tofu With Roast Pork 烧肉豆腐
- Sambal Stingray 参巴魔鬼鱼 / Grilled Stingray Garlic & Onion 蒜葱魔鬼鱼
- Xiao Bai Chye Egg White Sauce 蛋白 小白菜
- (SOUP) - Lotus Root Peanut Chicken Soup 莲藕花生鸡汤

OR

- (4<sup>TH</sup> DISH) - Deep Fried Seaweed Chicken & Cheese Tofu 炸紫菜鸡 & 芝士豆腐

### 12SEP FRIDAY

DESSERT DINNER

- Mixed Seafood In Cream Sauce 奶油杂海鲜 / Grilled Fish In Cream Sauce 奶油酱烤鱼
- Smoked Duck Slices With BBQ Sauce 烧酱熏鸭片
- Cauliflower With Black Fungus 黑木耳菜花
- Black Glutinous Rice Dessert With Gula Maleka 黑糯米甜点
- (SOUP) - Cabbage & Corn Fishball Soup 白菜玉米鱼圆汤

OR

- (4<sup>TH</sup> DISH) - Braised Beancurd With Mushroom 卤香菇豆干

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### 15SEP MONDAY

- Miso Pork Slice With Raisin 味噌葡萄干肉片
- **Mango Prawn** 芒果虾 / **Mango Chicken** 芒果鸡
- Braised Cabbage Nonya Style 娘惹式红烧白菜
- **(SOUP)** - Tomato & Potato Chicken Soup 番茄土豆鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Stew Potato In Italian Sauce 意式焖土豆

### 16SEP TUESDAY

- Grilled Salmon Steak In Garlic Butter Sauce 香蒜黄油三文鱼排
- Pongteh Chicken 娘惹鸡
- **Sambal Kang Kong** 参巴空心菜 / **Stir Fried Kang Kong** 素炒空心菜
- **(SOUP)** - Seaweed Tofu Meat Ball Soup 海带豆腐丸子汤

OR

- **(4<sup>TH</sup> DISH)** - Chinese Dumpling In Oriental Sauce 油抄手

### 17SEP WEDNESDAY

- Stir Fried Bitter Gourd With Black Beans & Fish Slice 黑豆鱼片焖苦瓜
- **Laksa Pork Slice** 乐洒肉片 / **Pork Slice With Ginger & Spring Onion** 姜葱炒肉片
- Nai Bai Truffle King Oyster Mushroom 松露杏鲍菇奶白
- **(SOUP)** - ABC Sliced Pork Soup ABC肉片汤

OR

- **(4<sup>TH</sup> DISH)** - Scramble Egg White With Bacon 培根蛋白

### 18SEP THURSDAY

- **Curry Chicken** 咖喱鸡配炸土豆 / **Braised Chicken Chinese Mushroom** 焖香菇酱鸡
- Mei Cai Pork Belly 梅菜扣肉
- Broccoli With Garlic 大蒜西兰花
- **(SOUP)** - Tonifying Yu Zhu Chicken Soup 补益玉竹鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Deep Fried Vegetable Balls & Breaded Scallop 炸蔬菜丸子&裹粉扇贝

### 19SEP FRIDAY

DESSERT DINNER

- **Stir Fried Prawn With Celery** 芹菜炒虾 / **Stir Fried Fish Slice With Celery** 芹菜炒鱼片
- Steam Chicken With Chicken Essence & Cordyceps Blossom 虫草花鸡精鸡
- Stir Fried Spinach With Goji Berry 枸杞炒菠菜
- **Green Bean Sago Soup** 绿豆西米汤
- **(SOUP)** - Assorted Vegetable Miso Pork Ball Soup 什锦蔬菜味噌猪肉丸汤

OR

- **(4<sup>TH</sup> DISH)** - Stir Fried Minced Chicken With BeanCurd 鸡肉碎炒豆干



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### 22SEP MONDAY

- Stir Fried Chicken Cube With Cashew Nuts 腰果炒鸡块
- Grilled White Fish Lime Soya Sauce 香柠酱油烤鱼
- **Assam Mixed Vegetable** 阿萨姆混合蔬菜 / **Italian Stewed Vegetable** 意式焖杂菜
- **(SOUP)** - Winter Melon Chicken Soup 冬瓜鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Chicken Yakitori With Caramalised Onion 焦糖大葱日式烤鸡串

### 23SEP TUESDAY

- Chinese Sausage Omelette 香肠煎蛋
- **Tom Yum Prawn** 冬炎椰奶虾 / **Fish Garlic and Fermented Beans** 蒜蓉豆豉蒸鱼
- Nai Bai In Superior Stock 奶白上汤
- **(SOUP)** - Bittergourd Tofu Fishball Soup 苦瓜豆腐鱼圆汤

OR

- **(4<sup>TH</sup> DISH)** - Steam Egg With Minced Meat 肉碎蒸蛋

### 24SEP WEDNESDAY

- **Curry Pork Rib** 咖喱排骨 / **Kyoto Vingar Pork Rib** 京都排骨
- Cajun Grilled Chicken Steak With Potato 卡津鸡排马铃薯丁
- Shanghai Green With Pig Skin 猪皮上海青
- **(SOUP)** - Ginseng Chicken Soup 人参鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Fried Beancurd With Minced Meat Sauce 豆干肉碎酱

### 25SEP THURSDAY

- **Steam Herbal Prawn** 蒸药材虾 / **Steamed Herbal Chicken** 药材蒸鸡
- White Fish in Corn Cream Sauce 白鱼玉米浓酱
- 3 Eggs Spinach 三蛋苋菜
- **(SOUP)** - Black Bean Lotus Root Soup 黑豆莲藕汤

OR

- **(4<sup>TH</sup> DISH)** - Tomato Scramble Egg 番茄蛋

### 26SEP FRIDAY

**DESSERT DINNER**

- **Black Pepper Chicken** 黑胡椒鸡丁 / **Butter Cream Chicken** 奶油鸡丁
- Stir Fried Pork Slices with Pineapple and Bittergourd 凤梨苦瓜炒肉片
- Garlic With Bok Choy 蒜香小白菜
- **Snow Fungus Ginko Nut Soup** 雪耳银杏汤
- **(SOUP)** - Sweet Corn & Beetroot Pork Slice Soup 甜玉米甜菜肉片汤

OR

- **(4<sup>TH</sup> DISH)** - Chicken Katsu Cutlet 香脆鸡排

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### 29SEP MONDAY

- Seared Salmon Steak With Teriyaki Sauce 照烧酱烤三文鱼排
- Thai Basil Minced Meat 泰式九层塔肉碎
- **Longtong Mixed Vege** 龙东杂菜 / **Snow Fungus Assorted Vegetable** 雪耳烩菜
- **(SOUP)** - FuZhou Fishball Choy Sum Soup 福州鱼圆菜心汤

OR

- **(4<sup>TH</sup> DISH)** - Braised Hard Boiled Egg With Dou Pok 卤蛋豆普

### 30SEP TUESDAY

- Butter Cereal Chicken 黄油麦片鸡丁
- **Sambal Mixed Seafood** **Petai** 叁崙臭豆杂海鲜 / **Pork Slice Fresh Tomato** 鲜番茄肉片
- Long Nai Bai With Garlic 蒜香长奶白
- **(SOUP)** - Fish Maw & Mushroom Chicken Soup 花胶香菇鸡汤

OR

- **(4<sup>TH</sup> DISH)** - Chicken Frank With Mixed Vegetable 鸡香肠彩杂菜

### 01OCT WEDNESDAY

**Please refer to October 2025 Menu.**

### 02OCT THURSDAY

**Please refer to October 2025 Menu.**

### 03OCT FRIDAY **DESSERT DINNER**

**Please refer to October 2025 Menu.**